

**THE  
BENOY  
FAMILY**

**The Merced Running Club  
Presents  
RUN FOR INDEPENDENCE  
THURSDAY, JULY 4, 2019**

**ATWATER  
MEDICAL GROUP  
DON MARTIN  
FOOD4LESS**

**ADDITIONAL SPONSORS:** Wisdom Property Management, Gonella Realty, Salon on the Square/Merced, Allied West Printing, Julie's Things, Dr. Jeffery B. Lee and Associates, Optometrists, Santa Fe Pet Hospital, Inc., Dole Package Foods, Riggs Ambulance Service/Team RAS, Team Wear Athletic, Livingston Fire Department, Atwater Fourth of July Committee, Gleason Family Chiropractic, Atwater Police Cadets, City of Atwater, BCHS Thunder Boys & Girls X-Country, Josie's Mexican American Grill, Lynn Chappel/Oakdale, Atwater Tire Service/A Delray Tire Co., Fitness Addiction, Atwater Glass, B and B Plumbing, Wilson Family Funeral Chapel, Adolphus Spreights, Jr., Atwater Rotary, Expressions of Love Floral and Gifts, Joan Faul, Manuel Pinto, Martins Auto & Smog and Brian Moles-Certified Personal Trainer #213100 - 209-201-5405.

**RACE DAY SCHEDULE:** Check-in and registration start at 5:45 a.m. at the Strip Park behind the Library on Second Street. Two mile run and 5 mile run start at 7:30 a.m.

**RACES START ON TIME - REGISTRATION ENDS  
10 MINUTES BEFORE THE RACES!**

**COURSE:** Both courses begin and end at Ralston Park, running through and around the City of Atwater. The course is flat and fast from beginning to end and miles are marked.

**WALKERS:** Walkers are welcome in the 2 mile race only.

**DIVISIONS:**

**2 mile race, men and women:**  
9 and under, 10-12, 13-17, 18-29, 30-39, 40-49,  
50-59, 60-69, 70-79 and 80+.

**5 mile race, men and women:**  
12 and under, 13-17, 18-29, 30-39, 40-49, 50-59,  
60-69, 70-79 and 80+.



**PRE-REGISTRATION FEE:** \$25.00 for adults and \$20.00 for ages 18 and under (\$23.00 for adults and \$18.00 for ages 18 and under for Merced Running Club Members) for 2 and 5 mile races (must be received before June 28th).

**RACE DAY REGISTRATION:** All pay \$30.00 for registration after June 28th and on race day.

**AWARDS:** Trophies will be given to first place overall male and female in each race. Medals will be given three deep in each age division. Master winners in each race Male/Female will receive a special award.

**TEE SHIRTS:** Runners and walkers will receive a patriotic tee shirt. Tee shirt sizes are guaranteed to pre-registered runners. Race day first come first serve while supplies last. Tech shirts will be given this year.

**REFRESHMENTS** will be available to all runners and walkers after the race.

**TIMING:** Buhach Colony High School.

**For additional information, contact:**  
Gordon Wilkinson / (209) 617-4042



Make checks payable to Merced Running Club  
and mail entry form with payment to:  
Al Garcia • 3341 Carriage Lane • Atwater, CA 95301

All pre-entry registrations must be sent to Al Garcia/MRC. No registrations will be accepted at Gordon Wilkinson's or Al Garcia's homes prior to the race. Those not mailed will have to register on race day. NO EXCEPTIONS!

**Due to our insurance restrictions, no strollers, skates, bikes, etc. will be allowed in the race.**

**ENTRY FORM - 2019 RUN FOR INDEPENDENCE**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip Code \_\_\_\_\_

Event:  2 Mile  5 Mile Gender:  M  F / Age on Race Day: \_\_\_\_\_ / T-shirt size:  S  M  L  XL

**WAIVER:** I acknowledge that running a road race is a potentially hazardous activity and I should not run unless I am medically able and properly trained. I assume all risks associated with running the 2019 Run For Independence, held on July 4, 2019, including, but not limited to, falls, contact with other participants, traffic, conditions of the road and effects of the weather. Having read this waiver and in consideration of entry, I, for myself and anyone entitled to act on my behalf waive and release the Merced Running Club, the City of Atwater, the Atwater Fourth of July Committee and all sponsors, race officials, Buhach Colony High School (MUHSD) and volunteers from all claims or liabilities arising out of my participation in this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Running Club \_\_\_\_\_

(Parent or Guardian if under 18)

All entry forms must be completed, signed, and accompanied by payment.

**NO REFUNDS!**